

Living Peace Teacher Training Application Form 2020

Please complete this form and either snail mail or email the form to back to us:

Address: Living Peace Yoga, 2/20 The Boulevard Toronto, 2283, NSW, Australia (ph. 0410 553 610)

Email: info@livingpeaceyoga.com

Which training are you applying for? 350 Hour 200 Hour 150 Hour

CONTACT INFORMATION	
Name:	
E-mail:	Phone:
Address:	
City:	Post Code:
Emergency contact:	Phone:
HEALTH STATUS - PHYSICAL/MENTAL/EMOTIONAL/SPIRITUAL	
General Health: Excellent <input type="radio"/> Good <input type="radio"/> Fair <input type="radio"/> Poor <input type="radio"/>	
Existing Conditions:	
Ongoing Conditions:	
Previous Injuries:	
PHYSICAL HEALTH & CONDITIONS	
Please indicate yes or no to the following conditions. If yes, please check with your doctor before commencing this training.	
Recent hospitalisation and/or surgery:	
Any heart conditions?	
List any medications you are currently taking, and the reasons for taking them:	
SIGNATURE	
Signature of participant:	Date:

Your Yoga Goals and History

- Are you undertaking the Living Peace Yoga Teacher Training with the intention of becoming a qualified Yoga teacher? (NOTE: *If you are seeking to become a qualified yoga teacher, we believe a personal yoga practice is a requirement*).

- Are you undertaking the Living Peace Yoga Teacher Training to deepen your knowledge of yoga philosophy and enhance your yoga practice and life?

- How long have you been practising yoga?

- What yoga methods/traditions yoga have you studied and for how long?

- Describe your current practice (yoga asana/meditation/yogic philosophy, etc.)

- How often do you practice per week?

- Who are your current teacher(s)?

- Do you currently teach yoga? Y / N
- Have you done a yoga teacher training before? Y / N

- Please list your previous yoga experience, trainings, workshops you have attended.

Focus

- What do you want to focus on in this training, and why?

Dedication to Yoga

- What are your strengths? As a yogi and/or yoga teacher?

- What are your areas of growth/opportunities for change?

- Describe who you are as a person (personality, hobbies, family, etc.)
